1. Navratra (Chaitra, Diwali)
2. Parthiv Pooja
3. NavGrah Poojan and Hawan
4. SunderKand
5. **Vishnu Sahasranama Pooja**
6. **Brahaspati Poojan and Hawan**

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| **Month** | **Hawan / Poojan** | **Comments** |
| **January** | **Navgrah Poojan Hawan and Shanti Paath** |  |
| **February** |  |  |
| **March** |  |  |
| **April** | **Navratra Path and Hawan(Chaitra)** |  |
| **May** |  |  |
| **June** | **Guru Poornima (Brihaspati Guru Pooja / Vishnu sahestra Naam Jaap hawan)** |  |
| **July (Saawan)** | **Parthiv Pooja / Maha Rudra Home** |  |
| **August** |  |  |
| **September** |  |  |
| **October** | **Navratra Path and Hawan (Deepawali)** |  |
| **November** |  |  |
| **December** |  |  |

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[**Thursday Fast | Purpose of Thursday Fast - Thursday Fast Aarti (Brihaspati Fast)**](http://astrobix.com/astroblog/post/thursday-fast-purpose-of-thursday-fast-thursday-fast-aarti-brihaspati-fast.aspx)



Thursday fast is observed mainly to remove the obstacles of [married life](http://astrobix.com/articles/Astrological-Suggestions-for-a-Happy-Married-Life.aspx). Dev Guru Brihaspati is the Karaka of money. Hence, worshipping Goddess Lakshmi on this day, strengthen the financial condition of a person.

People having Jupiter (Guru) in weak position in their Kundali must observe this fast. Worshiping Brihaspati gives many kinds of fruit. While doing Thursday worship, remember to perform the Puja in a systematic manner. Wishes of a person are fulfilled on observing this fast.

**Purpose of Thursday Fasting**

Thursday Fast is observed for early marriage. Person observing this fast should prepare himself a day before the fast. On the day of fast, the person should get up early in the morning and worship Jupiter (Brihaspati). Puja is done by offering yellow colored items, yellow flowers, gram Dal, yellow sweet, yellow rice etc. If a person observes this fast for acquiring money, then he should worship Lord Brihaspati with yellow colored things.

On the day of Fast, Abhishek of Lord Jupiter should be done with saffron mixed in milk. Brihaspati is also the Lord of education, hence Jupiter should be worshipped regularly and offered water. This pleases Lord and a person’s wishes are fulfilled. Also, for happiness in married life, Thursday fast should be observed and yellow colored sweets should be offered to Lord. Additionally water is also offered.

The fast of Thursday is also observed for strengthening the financial condition of a person and increase his health. For achieving this purpose, a person should observe fast of Thursday and donate meal to poor people as well as provide alms as per his capacity.

**Method of Thursday Fast**

Thursday fast can be started on first Thursday of [Shukla Paksha](http://astrobix.com/learn/tag/154-shukla-paksha.html) of any month. This fast is observed continuously for 16 Thursdays, regularly for a period of 3 years. While observing fast, the rules of Vrat should be followed strictly.

On the day of fast, a person should wake up before sunrise and after completing the routine works like bathing etc., he should wear yellow colored clothes. Then [Lord Vishnu](http://astrobix.com/hinduism/post/lord-vishnu-lord-vishnu-names-forms-lord-vishnu-incarnations-lord-vishnu.aspx) and Brihaspati is worshiped with yellow flowers, gram Dal, yellow sandalwood, sweet made of Besan, turmeric, yellow rice etc. Person observing fast should not wash his head on the day of fast. And, should have the meal containing no salt.

After worshiping Lord Brihaspati (Jupiter) in the morning, yellow sweet should be offered to God. And, in the evening, yellow colored clothes should be donated. On this day, Thursday fast Katha is must to be heard.

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**Vishnu Sahasranama Pooja**

### ****Vishnu Sahasranama Pooja****:The Vishnu Sahasranama recital is one of the most common “cure all and get all” remedies prescribed in the scriptures. This pooja is performed with the shodasopacharas, recital of purusha sooktam, vishnu sooktam and narayanopanishat and 1008 namavili japa of Lord Vishnu. It will be performed in your name with your specific sankalpa.

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[**Tuesday Fast Method - Tuesday Vrat Vidhi | Mangalwar Vrat (Tuesday Fasting)**](http://astrobix.com/astroblog/post/tuesday-fast-tuesday-vrat-vidhi-hanuman-vrat.aspx)

The fast of Tuesday is observed to increase honor, strength, courage and efforts. On keeping this fast, person's happiness and wealth increases. This Vrat can also give place to a person in Government office. Tuesday fast is done for getting honour and child. Hearing the story of Tuesday fast fulfill favorable desires. Observing this fast removes all the sins.

**Who should Observe Tuesday Fast**

As per the astrology, Tuesday fast must be observed by those people who have Mars in the sin house or Mars is not able to give favorable effects on being weak. This fast is performed for the peace of Mars planet. People who have violent and fiery attitude should observe the Tuesday fast to cool down their anger. Boys can keep this fast for growing there intelligence and strength. This Vrat helps in making the business successful.

**Significance of Tuesday Fasting**

Every fast has different importance and results. Through fast, a person pleases his adored God and Goddess. In return he gets peace and happiness. This fast is observed for getting wealth, husband and relief from incurable disease. This fast helps to get liberation from the world of illusions.

A person should observe this fast, if Mars located in his birth Lagan has a weak positioning. Also people whose Kundali has Mahadasha of Mars, [Pratayantar Dasha](http://astrobix.com/learn/tag/85-pratyantar-dasha.html), or unwanted accidents in the transit period, should observe this fast for the auspicious effects of Mars. Hence, the fast of Tuesday is very favorable. Worshipping Lord Hanuman gives freedom from all kinds of sins like vocal or mental etc. And, the person achieve happiness, wealth and profit.

**Method of Tuesday Fast**

On the day of Tuesday fast, you should have pure thoughts. This fast is done for getting freedom from obstacles like ghost and sprites. On the day of fast, Vrat katha is must to be heard. This day, salt should not be used.

The fast of Tuesday is observed for Lord Mars and pleasing [God Hanuman](http://astrobix.com/hinduism/post/lord-hanuman-lord-hanuman-mantra-lord-hanuman-worship-lord-hanuman-names.aspx). This fast is kept continuously for 21 Tuesdays. This fast gets best results of the Mars planet. A person observing this fast should mentally prepare himself a day before only. He should wake up before sunrise, on the day of fast. In the early morning, he should complete his routine work and bathing etc. Then, sprinkle Ganga jal or holy water in the house to make it pure. On the day of fast, person should wear red color clothes.

In a peaceful corner of Ishan Kon (North-East direction) in the house, place an idol or picture of God Hanuman. At the place of Puja, a lamp of four wicks is lighted. And the resolution of the fast is taken. then, Lord Hanuman is worshipped with Lal Gandh, flower and Akshat, in a systematic manner.

While worshiping Lord Hanuman, taking the 21 names of God Mars is considered auspicious. The names are as follows:-

1. Mangal .2 Bhumipatr .3 Rinharta .4 Dhanprda .5 Sithrasan .6 Mahakaay .7 Sarvkamarthsadhak .8 Lohit .9 Lohitaj .10 Samgaankripakar .11 Dhratmaj .12 Kuj .13 Bhom .14 Bhumija .15 Bhuminanndan .16 Angarak .17 Yam .18 Sarvrogharak .19 Vrishatikrta .20 Paaphrta .21 Sab Kaam Fal Dat

Ardhaya of Lord Hanuman is done with the following mantra:

भूमिपुत्रो महातेजा: कुमारो रक्तवस्त्रक:।

गृहाणाघर्यं मया दत्तमृणशांतिं प्रयच्छ हे।

After this, Katha is read, Aarti is performed and Prasaad is distributed. After the Prasaad distribution, it’s eaten by the person observing fast.

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#### Why Navagraha Pooja

Planetary pooja is a means of offering respect and worship to the 9 planets, asking them to bless us with our wishes in return. The planetary poojas are effective in communicating your desire to be in tune with the planets. These poojas will include offerings to both the planet, and its overlord.

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#### Navagraha Pooja and the Deity

The **Navagraha** are the chief deities of this powerful Pooja. The 9 chief planets are the sole reason for the happiness and adversities that take place in your life. The 9 planets are:

* **Surya** (The Sun): The Sun is the most powerful living God who bestows you with good health and prosperity
* **Chandra** (The Moon): Moon is the planet, who rules your mind and brings success. The Moon, at the time of your birth is found in a particular star, and that will be considered your Moon Sign.
* **Kuja** (Mars): Mars showers your prosperity and wealth.
* **Bhudh** (Mercury): Mercury is the planet of knowledge. He bestows you with wisdom and wealth and is ruled over by Lord Maha Vishnu.
* **Guru** (Jupiter): Jupiter blesses you with education and knowledge. He cures you from ailments and cleanses your negative emotions.
* **Shukra** (Venus): Venus showers the knowledge of art and music. He is the bestower of long life, wealth, happiness, children, property and good education. He is ruled by Goddess Lakshmi.
* **Shani** (Saturn): Saturn ensures happiness. He is known to affect you adversely on occasions when he occupies certain positions in your horoscope. A prayer to him, especially on Saturdays, is said to mitigate your hardships. He is ruled by Lord Yama.
* **Rahu** (Ascending node of the Moon): Rahu makes your life stronger. He is instrumental in strengthening your power and converting even any enemy into your friend.
* **Ketu** (Descending node of the Moon): Ketu brings prosperity and negates bad effects, illnesses etc. He grants you good health, wealth and all round prosperity.

##### Recommended Timings for Navagraha Pooja

This Pooja can be done on any auspicious Hora.

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